

# The Synthesis of Yoga by Sri Aurobindo

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## The significance of the Gita

What does the Gita really represent?

- The revival and rejuvenation of all of Indian's spiritual wisdom that preceded it. Gita as "*Sarv-opanishad-arthasara-sangraha*."
- Making the wisdom of the veda practical through Karma Yoga and Samata
- Democratizing Yoga through Bhakti to the lord in oneself and in all beings
- A vast synthesis and a giant step in the spiritual evolution of humanity.

Please [Click here](#) or on the link below to read the book in its entirety



Sri Aurobindo's writings. Translations All translations from Sanskrit, Bengali, Tamil, Greek and Latin into English, with the exception of translations of Vedic.

सप्त चतुष्टया The Sapta Chatusthaya (Seven Quartets) is the program for spiritual practice that was revealed to Sri Aurobindo. It has four goals.

Our advanced meditation course and retreat includes tips, videos will guide you for energy enhancement and illumination over traditional courses to remove energy.

Particularly as promoted in the West, Hatha Yoga is seen as a form of healthful exercise to bring stability and flexibility to the physical body; and of course, it.

The Sri Aurobindo Society in collaboration with the Vande Mataram library has created a website on the Bhagavad Gita. It features audio rendition of each verse.

Sri Aurobindo was born in Calcutta on 15 August 1872. At the age of seven he was taken to England for education. There he studied at St. Paul's School, London, and at.

Sri Aurobindo (Bengali: [Sri Ôrobindo]) (born Aurobindo Ghose; 15 August 1872 - 5 December 1950) was an Indian philosopher, yogi, guru, poet, and nationalist. He.

A beautiful tomorrow, a happier world, a dynamic application of spirituality to material life and all its activities, human unity in diversity.

Sri Aurobindo's integral yoga has enormous implications for the time we find ourselves in. As we systematically destroy the basis of life on the planet, and wall.

Welcome to Collaboration.org. Collaboration.org is a website devoted to the knowledge, practice, and community of Integral Yoga in America. It is hosted by the Sri.

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